

Let's Ride Dirt Bikes Quiz



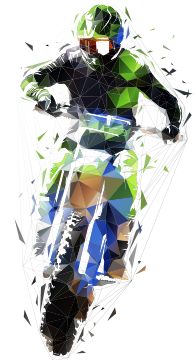
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We get it. Dirt bikes are just plain cool. That's why we do what we do and have an undying love for riding.

Your Score

38



You Passed Nope - Study Harder!

1. What is the difference between a motocross ("MX" bike) and a trail bike? (check all that apply)

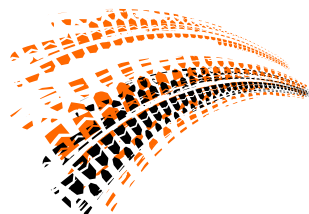
- A. Motocross is mostly used on the street.
- B. Motocross is a form of trail riding used in racing or riding laps around a track or circuit with jumps and obstacles. A motocross bike has bigger engine than a dirt bike.
- C. Trail or dirt biking is riding a motorcycle, generally with knobby tires, off-road in the dirt.
- D. A trail bike generally has lower performance suspension components versus a motocross bike.

2. When riding a dirt bike off-road in the backcountry it is important to understand the basics. It's vital for you to ride a dirt bike safely and with proper technique so you reduce your chances of injury and if you want to move on to other related, more risky sport bikes.

- A. True
- B. False

3. What is the term for a street legal dirt bike (check all that apply)?

- A. MX
- B. Dual-Sport
- C. Supermoto bike
- D. Hillclimb bike



4. What will happen if your parents see you on a dirt bike without a helmet, gloves and proper foot wear?



- A. The family will all go out for PIZZA to celebrate your stupidity.
- B. There will be **NO** use of any dirt bike for _____ days.
- C. You will have many, many extra household and family chores to do.
- D. Parents will take out a \$1,000,000 life insurance policy on you so they can be rich if you make a stupid choice.
- E. Both B & C
- F. Both A & C



5. Can you "jump" a trail bike?

- A. No, not advised because a trail bike has lower performance suspension components, which means that the suspension travel is less and they have little to no turning ability.
- B. Yes, a trail bike has similar performance ability of a motocross bike.

6. What is looping out?

- A. When you move through the corner of a race track at high speed and the bike wheel slides out.
- B. When you release the clutch too fast and stall the bike.
- C. When you do a wheelie and pull the bike too far and it turns over backward. **YIKES!**

7. Riding dirt bikes is considered what kind of sport?

- A. Safe
- B. Extreme
- C. Boring
- D. Unpopular

8. What is whiskey throttle?

- A. A rider gives too much throttle and slides off the back of the bike
- B. A rider applies more power for a jump maneuver
- C. The throttle does not operate smoothly

9. A motocross track consists of several jumps and obstacles. The mogul-like section of the track consisting of 10 or more tiny jumps in a row is called the what?

- A. Washboard
- B. Whoops
- C. Rhythm
- D. In field

10. During riding, dirt or debris thrown in the air from the force of a spinning rear tire is called what?

- A. Flak
- B. Pitch
- C. Roost
- D. Spray

11. Arm pump is forearm fatigue a rider gets after riding an extended period of time and is caused by what?

- A. Riders gripping the handle bars too tightly
- B. Incorrect landing off a double jump
- C. Lack of calcium in the diet
- D. Riding too soon after eating

12. Motocross racers are known for wearing bright colors and designs. What brand of motorcycle is known by its bright green color?

- A. Suzuki
- B. Kawasaki
- C. Honda
- D. KTM

13. What features does a Kawasaki KLX 140L off-road bike have?

- A. 144cc, 4-stroke, air-cooled engine
- B. Front and rear disc brakes
- C. Electric start
- D. All of the above

14. Why didn't many people buy dirt bikes when they first came out in the 1950s?

- A. Riders were considered outlaws and thugs
- B. Dirt bikes were too expensive
- C. Lack of a variety of colors
- D. Dirt bike dealerships were hard to find

15. Who started buying dirt bikes?

- A. People of all ages
- B. Teenagers
- C. Men
- D. Senior citizens

16. Where did Honda open their first dirt bike shop?

- A. San Diego
- B. San Francisco
- C. Los Angeles
- D. Long Beach

17. What did Honda's design team do to improve the bikes' grip on the road?

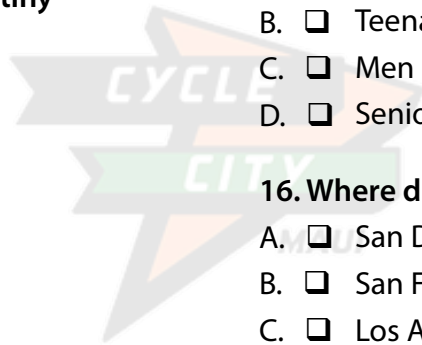
- A. Larger handlebars for steering
- B. Larger gas tank for weight
- C. Large diameter tires with special tread patterns
- D. More stable foot pedals

18. What is considered a good dirt bike tip?

- A. Use a lower gear; second gear is preferable
- B. Keep your momentum
- C. Drive over the roughest terrain you can find
- D. Do not drive on asphalt

19. The clutch action on your dirt bike has to be very rough.

- A. True
- B. False



20. Total awareness is important as there are many variables when riding a dirt bike.

The activity is not a city street bike experience where there are stoplights, crosswalks and police-enforced traffic rules. Dirt bikes are more of a Wild West experience. Lots can go wrong — from an instant mechanical brake/chain failure to that unassuming puddle of water that turns out to be a six-foot mud hole that flips your bike and breaks your arm, leg or neck.

- A. True
- B. False

21. What are the most important essentials to prevent injuries for a safe dirt bike adventure?

- A. Stay focused
- B. Provide the correct and timely control inputs to the bike
- C. Make commonsense choices with visual trail awareness
- D. Do **NOT** exceed your skill sets of your mind and body's ability to control the bike
- E. All of the above

22. Riding a dirt bike is has risks and requires responsible and thoughtful actions. Accepting responsibility is important because it's an essential step in becoming a successful adult. When you take ownership of your actions and choices you are more likely to be productive and admired and you will not have regret or guilt hanging over your head for every decision you make.

- A. True
- B. False

23. Your friends will admire your ability to ride a dirt bike. How important is it for you to educate and provide dirt bike awareness so your friends learn and understand responsibility and not make stupid choices, which will almost certainly injure them?

- A. Extremely important
- B. Very important
- C. Somewhat important
- D. Not important – Not my problem

24. Dirt biking can be very dangerous. Not wearing a helmet is the number one factor in dirt bike riding fatalities, with over 60% of accidents leading to death.

- A. True
- B. False

25. How much effort should your family and friends put into providing the best dirt bike safety outcomes for you?

- A. All the effort it takes
- B. Moderate effort
- C. Little effort

26. Looking Ahead To Prevent Crashes —

Many beginner riders are worried about hitting something on the trail or going off and down a hill, but the thing that they worry about is the reason why it happens. Focusing on a rock that you don't want to hit or looking just past your front fender will end up with you hitting that rock and falling. Look ahead down the trail or road so that you can anticipate what you're going to ride over. If you have proper technique, then there's no reason to worry.

- A. True
- B. False

27. What are the most common dirt bike related injuries?

- A. Ankle sprains
- B. ACL knee tears
- C. Broken collarbone
- D. Broken or sprained wrist
- E. Rotator cuff tears and shoulder injuries
- F. Head or concussion injuries
- G. All of the above

28. What are the biggest differences between a 2 stroke vs 4 stroke?

- A. Engine design – simple vs complex
- B. How heavy they feel while riding
- C. Exhaust sound – “thump-thump” vs “braap-braap”
- D. Mixing gas/oil vs no mixing
- E. All of the above



29. Riding position — The attack position is key to conserving energy. Knees are slightly bent with butt back and head over your feet. You want to hold your weight up with your feet and legs, rather than your hands.

- A. True
- B. False

30. Brake early —

Braking before the corner is key to staying in control and flowing. It allows the suspension to settle before the corner and you can stay smooth with the throttle as you ride through the turn.

- A. True
- B. False

31. Mastering front brake for safety —

Almost all of the braking power is from the front because that's where there's traction when the weight shifts forward while slowing down. Learn to find that edge of braking faster and locking up the wheel in different terrain to stop faster for when there's an emergency.

- A. True
- B. False

32. One finger at all times —

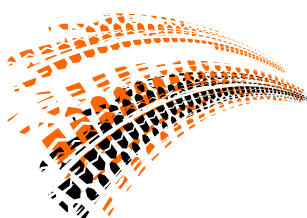
You should keep one or two fingers on the clutch and brake levers at all times so that you can react quicker. Doing so will probably save your butt more than once. It might seem awkward at first, but it doesn't take long to make it feel natural.

- A. True
- B. False.

33. Anticipating the bike —

Staying balanced has a lot to do with knowing what the bike is going to do. So, instead of reacting to what the bike does when you accelerate and brake, you need to anticipate and position your body so that you stay relaxed and use much less energy.

- A. True
- B. False



34. Motorcyclists are almost always better automobile drivers than non-motorcyclists because riding a motorcycle teaches you to be focused and aware of your surroundings. This translates to a safer car driver when you get your driver's license.

- A. True
- B. False

35. Dirt bikes are challenging machines. What are the chances you will crash on a dirt bike?

- A. 100%
- B. 80%
- C. 70%
- D. 0% – *It's not going to happen to me!*

36. Protective gear and proper technique —

Dirt bikes are dangerous and you will crash, but the crash outcome will most likely not be as bad with proper technique and safety gear. It does NOT matter what type of dirt bike you are riding or how many times you have ridden a dirt bike. Proper riding technique is one of the best ways to keep you safe. Good places to learn proper technique are YouTube videos, books and motorcycle classes.

- A. True
- B. False

37. What safety gear do you need when riding a dirt bike?

- A. Quality DOT/ECE approved helmet
- B. Quality dirt bike riding boots
- C. Dirt bike goggles
- D. Gloves
- E. All the above

38. Dirt bike riding comes with its fair share of risks. Injuries and accidents are quite common, and especially for teenagers who tend to be more **impulsive and risk takers**. They think they are invincible and it will not happen to them. *If you're going to have a brain fart and make risky choices, then your serious crash injuries will be reflected in your unwise choice.*

- A. True
- B. False